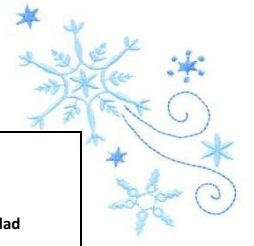
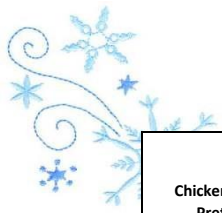


December 2018 High School Lunch Menu
 Student Meal \$2.50 / Reduced Meal \$0.40 / Adult Meal \$3.50



**December
3 - 7**

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Chicken Scampi Pasta with Garlic Toast Pretzel Bun Bacon Cheeseburger Ham & Cheese Sub Pizza Option</p> <p>French Fries Pizza Seasoned Green Beans Kiwi & Tangerines Fruit Cocktail</p>	<p>BBQ Drumsticks with Garlic Knot Fish Sandwich Egg & Cheese Chef Salad with Garlic Knot Pizza Option</p> <p>Roasted Brussels Sprouts Baked Sweet Potato w/Cinnamon Butter Pineapple Cup Frozen Strawberry Cup</p>	<p>Shakin' Bacon Chicken Sandwich Lasagna with Garlic Toast Yogurt, Cheese, & Fruit Plate Pizza Option</p> <p>Baby Carrots with Ranch Green Peas Sliced Peaches 100% Fruit juice</p>	<p>Turkey Pot Pie BBQ Chicken Sandwich Buffalo Chicken Salad Croissant Pizza Option</p> <p>Herbed Broccoli Roasted Red Potatoes Cinnamon Apples with Cranberries Pears & Cherries Fresh Baked Chocolate Chip Cookie</p>	<p>Chick 'N Waffles Fajita Glazed Fish Taco Turkey & Cranberry Chef Salad Pizza Option</p> <p>Tostitos Scoops Cheesy Bean Dip Okra & Tomatoes Fruited Gelatin Applesauce</p>
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**December
10 - 14**

<p>Chicken Broccoli Alfredo with Garlic Toast Cheeseburger on Bun Ham & Cheese Chef Salad with Garlic Toast Pizza Option</p> <p>Tomato Basil Zucchini Cherry Tomato & Corn Salad Limeade Fruit Salad Pear Cup</p>	<p>Nachos Con Queso Quesadilla Turkey & Cheese Wrap Pizza Option</p> <p>Mexican Rice Ranch Beans Buffalo Cauliflower Bites Apple Slices 100% Fruit Juice</p>	<p>Macaroni & Ham Casserole with Breadstick Spicy Chicken Swirl Sandwich Fajita Chicken Chef Salad with Breadstick</p> <p>Carrot Soufflé Mixed Vegetables Fresh Pear Pineapple & Cherries</p>	<p>Spaghetti with Garlic Toast Chicken Tenders with Garlic Toast Yogurt, Cheese, & Fruit Plate Pizza Option</p> <p>Honey Roasted Broccoli Waffle Fries with Sriracha Ketchup Orange Wedges Apple Crisp</p>	<p>Seafood Basket Chicken Noodle Soup/Sandwich Combo Meatball Sub Pizza Option</p> <p>Corn on the Cob Mixed Greens Fresh Banana Frozen Peach Cup</p>
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**December
17 - 19**

<p>Lings Mandarin Chicken and Dinner Roll Chicken Egg Rolls Egg & Cheese Chef Salad and Roll Pizza Option</p> <p>Fried Rice Teriyaki Vegetables Braised Cabbage Peaches & Grapes Fruit Cocktail</p>	<p>Turkey & Gravy Baked Ham</p> <p>Cornbread Dressing * Glazed Sweet Potatoes * Green Beans * Dinner Roll * Blueberry Crisp * Mandarin Cranberry Cup * Cranberry Sauce</p>	<p>Loaded Mashed Potato with Garlic Knot Lasagna Roll-Ups with Garlic Knot Chicken Caesar Wrap Pizza Option</p> <p>Candied Carrots Fried Okra Cool Tropics Fruit Slush Applesauce</p>		
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**Winter
Break
December
20 - 28**

	<p>Check out the Brussels Sprouts this month! Do not let the small size fool you. This delicious, cruciferous veggie is packed with fiber, vitamins and minerals!</p>			
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A reimbursable meal must include at least 3 food groups. Choose at least 3 food items including 1/2 cup fruits or vegetables and at least 2 other food groups. For best nutrition, choose all 5 of the meal components for School Lunch - Grains, Meats or Protein, Milk, Fruit & Vegetables.

MILK VARIETY OFFERED DAILY

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.

