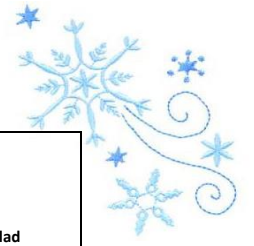
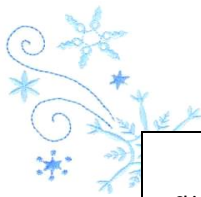


December 2018 K-8 School Lunch Menu
 Student Meal \$2.25 / Reduced Meal \$0.40 / Adult Meal \$3.50



**December
3 - 7**

Monday

**Chicken Scampi Pasta with Garlic Toast
Pretzel Bun Bacon Cheeseburger
Peanut Butter, Cheese, & Fruit Plate**

French Fries
Pizza Seasoned Green Beans
Kiwi & Tangerines
Fruit Cocktail

Tuesday

**BBQ Drumsticks with Breadstick
Fish Sandwich
Egg & Cheese Chef Salad with Breadstick**

Roasted Brussels Sprouts
Baked Sweet Potato w/Cinnamon Butter
Pineapple Cup
Frozen Strawberry Cup

Wednesday

**Shakin' Bacon Chicken Sandwich
Fiestada Pizza
Yogurt, Cheese, & Fruit Plate**

Baby Carrots with Ranch
Green Peas
Sliced Peaches
100% Fruit juice

Thursday

**Turkey Pot Pie
Pizza
PBJamwich**

Herbed Broccoli
Roasted Red Potatoes
Cinnamon Apples with Cranberries
Pears & Cherries

Friday

**Chick 'N Waffles
Fajita Glazed Fish Taco
Turkey & Cranberry Chef Salad**

Tostitos Scoops
Cheesy Bean Dip
Okra & Tomatoes
Fruited Gelatin
Applesauce

**December
10 - 14**

**Pizza
Chicken Broccoli Alfredo with Garlic Toast
Ham & Cheese Chef Salad with Garlic Toast**

Tomato Basil Zucchini
Cherry Tomato & Corn Salad
Limeade Fruit Salad
Pear Cup

**Nachos
Con Queso Quesadilla
Peanut Butter, Cheese, & Fruit Plate**

Mexican Rice
Ranch Beans
Buffalo Cauliflower Bites
Apple Slices
100% Fruit Juice

**Macaroni & Ham Casserole with Breadstick
Chicken Swirl Sandwich
Fajita Chicken Chef Salad with Breadstick**

Carrot Soufflé
Mixed Vegetables
Fresh Pear
Pineapple & Cherries

**Spaghetti with Garlic Toast
Chicken Tenders with Garlic Toast
Yogurt, Cheese, & Fruit Plate**

Honey Roasted Broccoli
Waffle Fries with Sriracha Ketchup
Orange Wedges
Cinnamon Applesauce

**Seafood Basket
Chicken Noodle Soup/Sandwich Combo
Meatball Sub**

Corn on the Cob
Mixed Greens
Fresh Banana
Peach Cup

**December
17 - 19**

**Lings Mandarin Chicken and Dinner Roll
Chicken Egg Rolls
Egg & Cheese Chef Salad and Roll**

Fried Rice
Teriyaki Vegetables
Braised Cabbage
Peaches & Grapes
Fruit Cocktail

**Turkey & Gravy
Baked Ham**

Cornbread Dressing * Glazed
Sweet Potatoes * Green Beans
* Dinner Roll * Blueberry Crisp
* Mandarin Cranberry Cup *
Cranberry Sauce

**Loaded Mashed Potato with Garlic Knot
Lasagna Roll-Ups with Garlic Knot
PBJamwich**

Candied Carrots
Fried Okra
Cool Tropics Fruit Slush
Strawberry Applesauce

**Winter
Break
December
20 - 28**



Check out the **Brussels Sprouts** this month! Do not let the small size fool you. This delicious, cruciferous veggie is packed with fiber, vitamins and minerals!



A reimbursable meal must include at least 3 food groups. Choose at least 3 food items including 1/2 cup fruits or vegetables and at least 2 other food groups. For best nutrition, choose all 5 of the meal components for School Lunch - Grains, Meats or Protein, Milk, Fruit & Vegetables.

MILK VARIETY OFFERED DAILY

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.