

SCCPSS DECEMBER LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 Dec. 1-4		Turkey & Rice Garlic Toast Black-Eyed Peas Fresh Apple Choice of Milk	Chicken Brioche Sandwich Baked Sweet Potato Blueberry Crisp Choice of Milk	Oven Fried Chicken Savannah Red Rice Turnip Greens Strawberry Cup Choice of Milk	Catfish Grits Carrot Souffle Cinnamon Applesauce Choice of Milk
WEEK 2 Dec. 7-11	BBQ Sandwich Kit Okra & Tomatoes Apple Slices Choice of Milk	Chicken Tenders w/ Roll Macaroni & Cheese Sweet Peas Pears & Cherries Choice of Milk	Turkey & Cheese Sandwich Baked Beans Sour Raisins Choice of Milk	BBQ Roasted Chicken w/ Garlic Knot Collard Greens Grapefruit Choice of Milk	Loaded Mashed Potato Biscuit Corn Strawberry Cup Choice of Milk
WEEK 3 Dec. 14-18	Kielbasa Dog Broccoli Dippers Strawberry Cup Choice of Milk	Chicken Nuggets & Roll Bean Dip & Baby Carrots Applesauce Choice of Milk	Chicken Scampi & Breadstick Green Beans Apricot Cup Choice of Milk	Turkey & Dressing w/ Roll Butternut Squash Apple Crisp Cranberry Sauce Choice of Milk	Cheeseburger Tater Tots Peaches Choice of Milk

Breakfast meals will include a variety of cereals, crackers, or breakfast breads/sandwiches. All breakfast meals come with cupped fruit and choice of milk.

CELEBRATE CITRUS!

- ⇒ Citrus fruits are available year round. Many local options are in season now. Check out Forsyth Farmers' Market on Saturday morning for local options.
- ⇒ Citrus fruits are a good source of vitamin C and potassium. One orange gives you all the vitamin C you need for a day!
- ⇒ A single citrus plant can have as many as 60,000 flowers, but only 1% of those flowers will turn into fruit.
- ⇒ A single grapefruit tree can produce over 1,500 pounds of fruit.



BREAKFAST AND LUNCH MEALS ARE FREE FOR ALL STUDENTS.

**View the SCCPSS website for bus routes and days of delivery by location if you are learning virtually.*

**All students in schools for in person learning will be offered breakfast and lunch during the school day. Meals will be pre-packaged and eaten in the classroom.*

This institution is an equal opportunity provider.

Menu subject to change based on supplier availability. Contact your school cafeteria for their exact offerings.