

# Oatland Pre-K & EOA

## October 2019 Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**\*Denotes October Harvest of the Month item: SQUASH!**



**PBJamwich**

Tater Tots  
Orange Wedges  
1% Milk

**Loaded Mashed Potato with Garlic Knot**

Black-eyed Peas  
Applesauce  
1% Milk

**Pizza**

Broccoli Dippers  
Peachy Mango Cup  
1% Milk

**Potato Crusted Fish Strips and Grits**

Sautéed Summer Squash\*  
Frozen Peach Cup  
1% Milk

OCT.  
1-4

**Chicken Nuggets and Dinner Roll**

Sweet Potato Puffs  
Lime Applesauce  
1% Milk

**BBQ Drumsticks and Garlic Knot**

Green Beans  
Pears & Cherries  
1% Milk

**Salisbury Steak with Breadstick**

Mashed Potatoes  
Peaches & Cream  
1% Milk

**Scrambled Eggs, Sausage, and Jelly Biscuit**

Buttered Corn  
Mandarin Oranges  
1% Milk

**PBJamwich**

Broccoli with Cheese Sauce  
Fresh Banana  
1% Milk

OCT.  
7-11

**Bacon Cheeseburger**

French Fries  
Apple Slices  
1% Milk

**Pizza**

Roasted Squash Medley\*  
Strawberry Applesauce  
1% Milk

**PBJamwich**

Fried Okra  
Black Plum  
1% Milk

**Seafood Basket**

Green Peas  
Sliced Peaches  
1% Milk

**Chick 'N Waffles**

Roasted Red Potatoes  
Mandarin Oranges  
1% Milk

OCT.  
14-18

**Chicken Broccoli Alfredo and Garlic Toast**

Corn on the Cob  
Apple Slices  
1% Milk

**Nachos**

Mexican Rice  
Cauliflower with Cheese  
Sliced Peaches  
1% Milk

**Macaroni & Ham Casserole with Breadstick**

Carrot Souffle  
Pear Cup  
1% Milk

**Chicken Tenders with Garlic Toast**

Sweet Potato Waffle Fries  
Cool Tropics Fruit Slush  
1% Milk

**Oven Fried Chicken with Dinner Roll**

Collard Greens  
Strawberry Cup  
1% Milk

OCT.  
21-25

**Lings Mandarin Chicken**

Fried Rice  
Braised Cabbage  
Fruit Cocktail  
1% Milk

**Pizza**

Tater Tots  
Pears & Cherries  
1% Milk

**Lasagna Roll-Ups with Garlic Knot**

Candied Carrots  
Applesauce  
1% Milk

**Sloppy Joe**

Ghost Potatoes  
Halloween Italian Ice  
Mandarin Pineapple Cup  
1% Milk

OCT.  
28-31



This institution is an equal opportunity provider.