



## December 2019

### Study Skill Tips



- Believe in yourself
- Be organized
- Use an assignments notebook / planner

### COUNSELOR'S CORNER

#### Quote for the Month

“You control your future, your destiny.  
What you think about comes about”

~Mark Victor Hansen

### Self-Esteem Tips



- Develop consistent self care activities
- Keep a record of all of your accomplishments
- Develop a list of your strengths or positive qualities

### Character Counts Word of the Month

PEACE

“Try to be a rainbow in someone’s cloud”

~Maya Angelou

### ANGER MANAGEMENT Tips

- Tell yourself “Be Calm!”
- Slowly take 3 deep breaths
- Count slowly to 10



### Writing Challenge

Describe how you would prevent someone from arguing



### Career of the Month

**Veterinarian:** Examine animals to diagnose their health problems, and treat animals for medical conditions.

**Career Pathway:** Agriculture, Food & Natural Resources

**Salary:** \$90,420 / Annual **Education:** 4 years V.M.D. Degree

# RESOURCES



- ⇒ Access To Grades
- ⇒ Class Assignments
- ⇒ Test Results
- ⇒ Career Plans

[www.sccpss.com](http://www.sccpss.com)

## 21ST CENTURY AFTERSCHOOL PROGRAM



### Assists Students With:

- Grade Recovery
- Homework Assignments

## Educational Talent Search

Mentoring Young People for College



### Peer Mediation

Students Helping Students

Mediate Conflicts

# PBIS

Positive Behavioral Interventions and Supports

**Promotes Positive Behavior**



**"WHERE EXCELLENCE IS EXPECTED BECAUSE WE PUT STUDENTS FIRST"**