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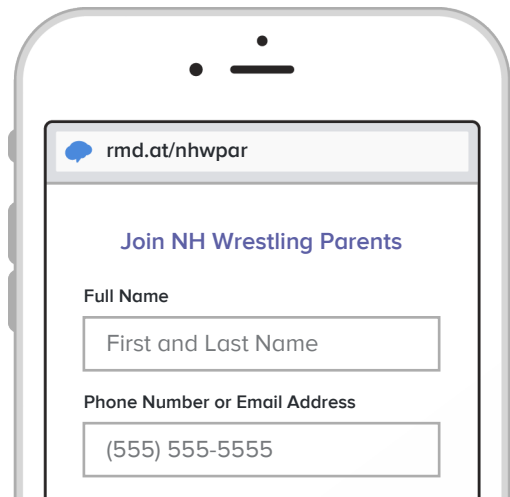
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A If you have a smartphone, get push notifications.

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B If you don't have a smartphone, get text notifications.

Text the message [@nhwpar](#) to the number **81010**.

If you're having trouble with **81010**, try texting [@nhwpar](#) to **(858) 500-3459**.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/nhwpar on a desktop computer to sign up for email notifications.